

Subject line:

## **Got the blues?**

Sometimes I come across something that can be used as a nootropic that takes me *completely by surprise*.

A supplement that is so effective that you got to wonder if it's true. A list of benefits that are backed by clinical studies. And user reviews that leave me wondering, *how did I miss that?*

It doesn't happen often. But when it does, it's like a new injection of enthusiasm for the work I do.

Turns out this nootropic has been used for over 4,000 years. Towns were named after it. Ancient kings wrote about it. Entire local economies depend upon it.

This nootropic reduces *separation anxiety, social phobia* and *depression* in teenagers.

It relieves the symptoms of *post-partum depression* in new mothers. And *relieves PMS*.

It only takes a little to reduce the *sexual dysfunction caused by antidepressants*.

And is *as effective as some of the most prescribed antidepressants*.

Studies show it as good as the current drugs used to treat diseases like Alzheimer's and Parkinson's. Long term use may even prevent these diseases.

Many neurohackers report this supplement *stopped them from eating junk food* and nighttime snacking. And they're no longer thinking about food all the time.

Older biohackers find that this nootropic prevents *Age-Related Macular Degeneration (AMD)*. It stops the *glare from headlights* when driving at night.

And even *relieves the glare* from staring at a monitor or computer screen all day long.

Others say daily supplementation increases their *energy levels* and even *boosts libido*.

Sounds amazing, doesn't it?

This nootropic supplement is also the most expensive culinary spice on earth. But it only takes a few milligrams to get its nootropic benefit.

This mystery nootropic is **Saffron**.

You can read my full review >>> [Saffron](#) <<< including dosage recommendations, side effects, and tips on not getting ripped off when buying *Saffron*.